

CITIZEN®

INSTRUCTION MANUAL

Thank you for purchasing a CITIZEN watch. To ensure correct use, please read these instructions carefully. Please confirm that the CITIZEN International Guarantee Card is included for your possible claim.

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Nous vous remercions d'avoir porté votre choix sur une montre CITIZEN. Pour assurer une utilisation correcte, veuillez lire ces instructions attentivement. Veuillez vous assurer que la carte de garantie internationale CITIZEN est fournie pour toute réclamation éventuelle.

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Muchas gracias por la compra de este reloj CITIZEN. Para asegurar un uso correcto, lea detenidamente estas instrucciones. Verifique de que la tarjeta de Garantía Internacional de CITIZEN le sea suministrada con el reloj en el momento de la compra, de esta manera, podrá reclamar servicios de acuerdo con los términos de la garantía.

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Vielen Dank für den Kauf dieser CITIZEN Uhr. Bitte lesen Sie diese Anleitung durch, um mit den Funktionen dieser Uhr vertraut zu werden. Überprüfen Sie bitte in Ihrem eigenen Interesse, ob der Uhr die internationale CITIZEN Garantiekarte beigelegt ist.

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Grazie per aver scelto un orologio CITIZEN. Per la sicurezza di un uso corretto, si prega di leggere attentamente le istruzioni. Inoltre abbiate la cortesia di assicurarvi che la carta di garanzia internazionale CITIZEN sia inclusa in caso di un eventuale reclamo.

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Muito obrigado por adquirir um relógio CITIZEN. Para garantir uma utilização correta, por favor leia estas instruções atentamente. Confirme também se o Cartão Internacional de Garantia da CITIZEN acompanha o relógio. Ele será necessário no caso de uma possível reclamação.

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承蒙購買CITIZEN錶。為確保正確的使用，敬請仔細閱讀此使用指南。請確認同附的CITIZEN國際保證卡，以享受免費修理之權利。

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承蒙惠購CITIZEN表，謹致謝意。為確保正確使用，敬請仔細閱讀此使用指南。請確認隨附的CITIZEN國際保證卡，以享受免費修理的權利。

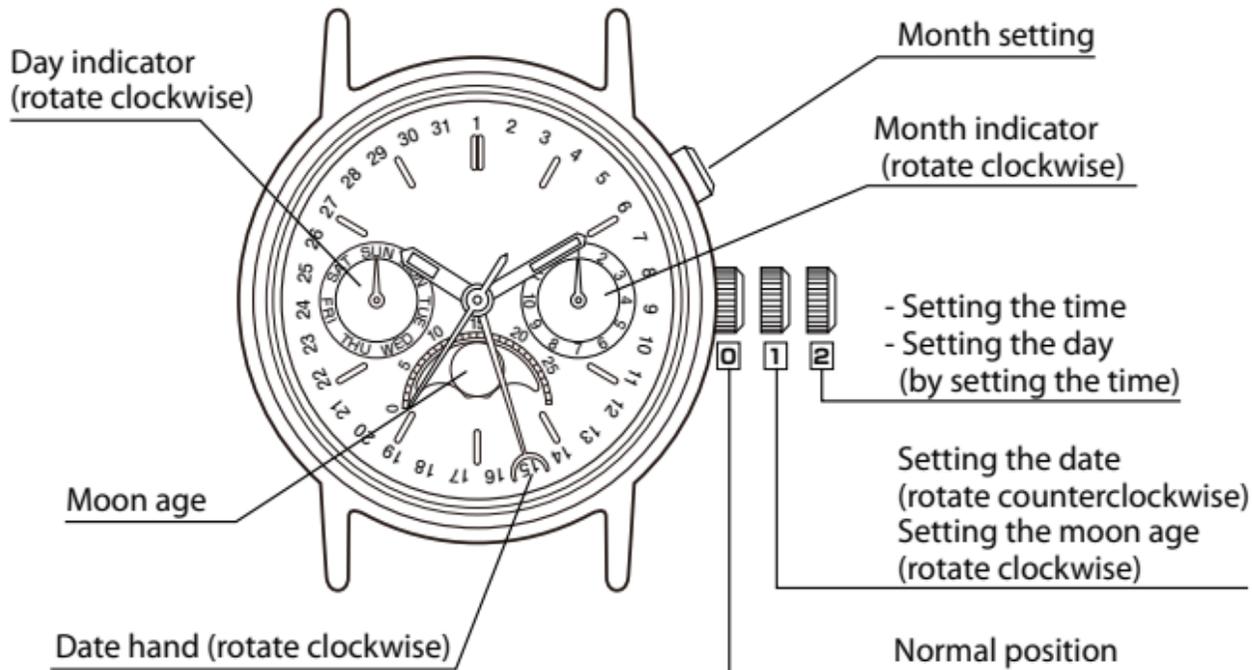


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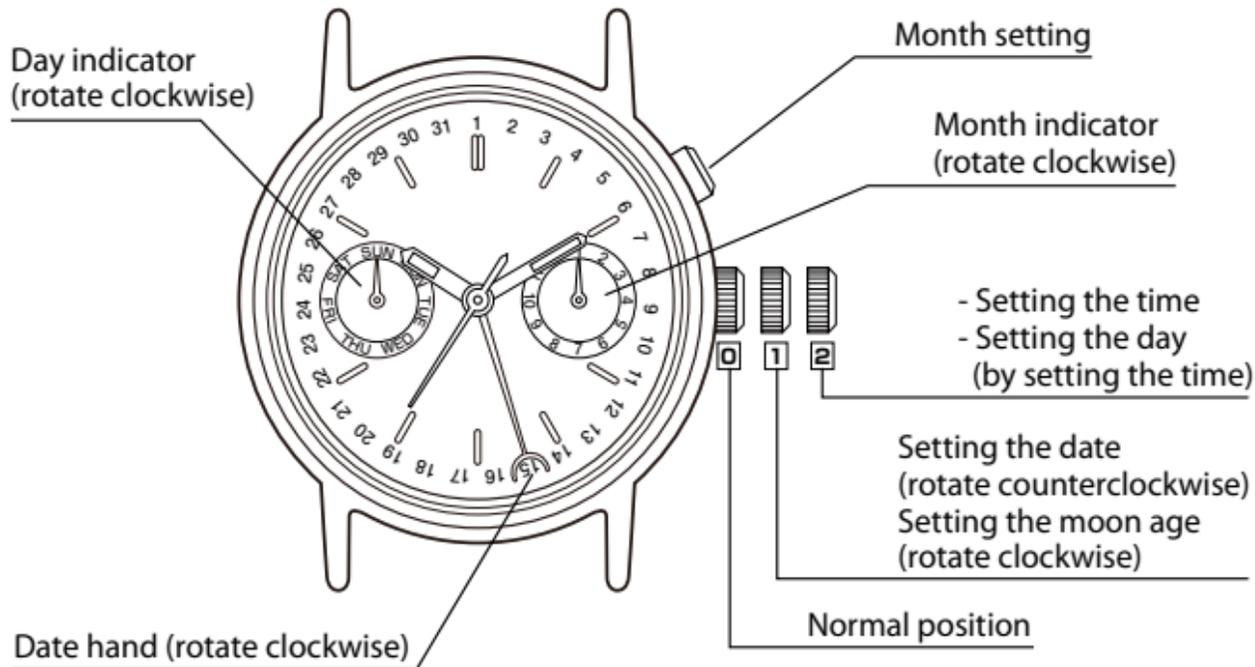
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# Component identification

Cal.6350 : Date/Day/Month/Moon Age



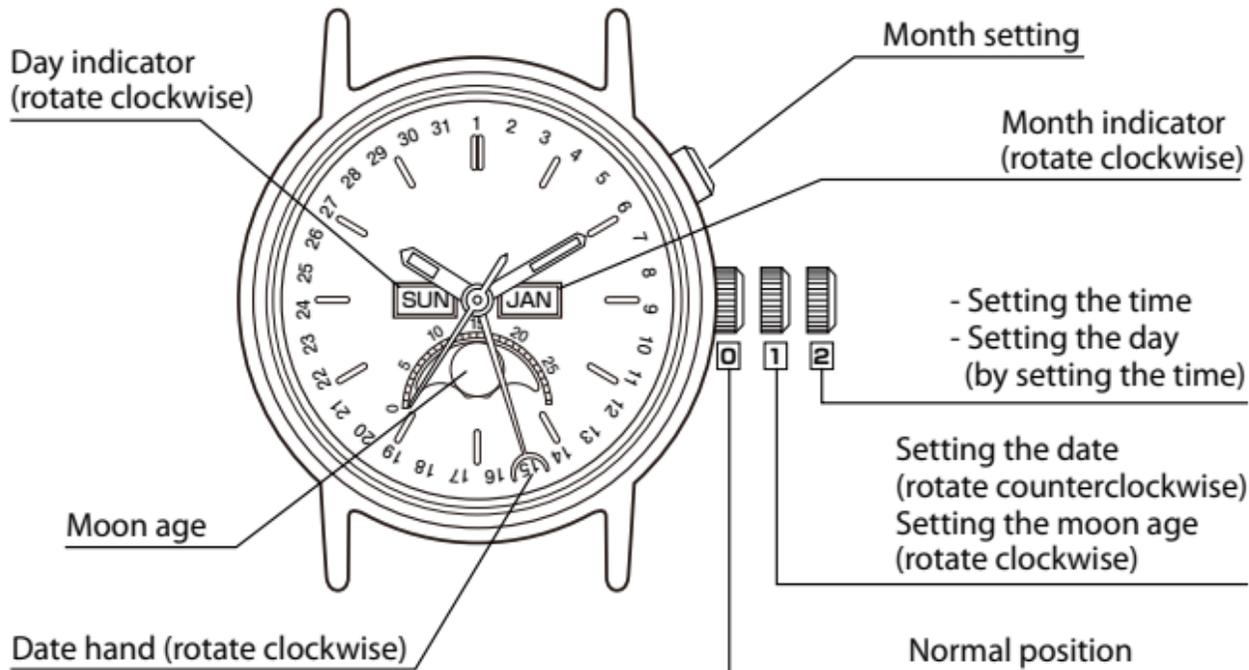
### Cal.6355 : Date/Day/Month



## Component identification

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**Cal.6380 : Date/Day/Month/Moon Age**



### Cal.6390 : Date/Day/Month/Moon Age/Sun and Moon

Sun&Moon  
 Moves with hour  
 and minute hands  
 Rotates every 24H

Day indicator  
 (rotate clockwise)

Date hand (rotate clockwise)



Month setting

Month indicator  
 (rotate clockwise)

- Setting the time
- Setting the day  
 (by setting the time)

Setting the date  
 (rotate counterclockwise)  
 Setting the moon age  
 (rotate clockwise)

Normal position

# Setting the Time and Calendar

## <Setting the Day>

1. Pull the crown out to position [2].
2. Rotate the crown clockwise to set the day of the week.
3. Return the crown to the normal position [0].
  - \* If the day is set by turning the crown counterclockwise, the date is changed one day behind. Make sure to set the day by turning the crown clockwise.
  - \* The day changes over between the hours of midnight and about 5:30 am.

### <Setting the time>

1. When the second hand is at 12 o'clock position, pull the crown out to position [2].
2. Rotate the crown clockwise to set the time.
3. Return the crown to the normal position [0] in sync with a reliable time source.
  - \* Before setting the time, make sure that the a.m./p.m. setting is correct. When the day hand turns, it is "a.m" .
  - \* Turn the minute hand 4-5 minutes past the desired time and then back to the desired setting in order to accurately set the minute.

## Setting the Date

1. Pull the crown out to position [1].
2. Rotate the crown counterclockwise to set the date.
3. Return the crown to the normal position [0].
  - \* Do not change the date while the hour hand is indicating between 9 p.m. and midnight. If you change the date during this time, the date may not change to the following day.

## Setting the Month(Cal. 6350, 6355, 6380, 6390)

**Press the month button once to advance one month.**

- \* Press the month button firmly.
- \* Do not change the month while the date hand is indicating between 26th and 31st. If the month button is pressed during these date, the month may not change.  
In this case, move the date hand other than the 26th-31st. and then set the month. Then, set the date correctly.
- \* The date is reset to 1 every 31 days. Correct the date to 1 at the first days of March, May, July, October, and December.
- \* With Cal. 6350, 6355, 6390, the month hand begins changing to the following month around midnight of the 30th day. It completes the change around midnight of the 31st. On the 31st, the position of the month is between the current and following month.
- \* With Cal. 6380, the month changes around the mid night of the 31st.

## Setting the Moon Age (Cal.6350, 6380, 6390)

\* The moon age indicator tells the moon age and not its actual shape. Refer to this indicator as a rough indication of the moon age or the moon phase.

### <Setting the Moon Age>

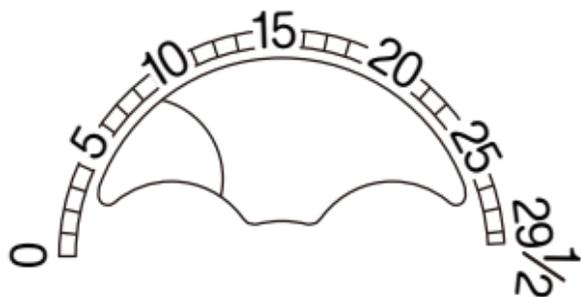
**Model with moon age scale** (Example: for moon age 4.4)

1. Determine the moon age for the day.

\* Look in a newspaper to find out the moon age for the day and the day after.

2. Pull the crown out one 'step' to position [1].

3. Rotate the crown to turn the moon shape clockwise, and then set the center of the moon to 4.4 on the moon age scale.



### Model without moon age scale

1. Determine the moon age for the day.  
\* Look in a newspaper to find out the moon age for the day and the day after.
2. Pull the crown out one 'step' to position [1].
3. Rotate the crown clockwise referring to "How to see the moon age" so that you can set the moon shape to the closest moon age (0, 7, 15, or 22).

## Setting the moon age

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### **Moon age**

The moon age depends on the period between new moons. This period is approximately 29 and half days.

### **<How to see the moon age>**

<b>New moon</b> Moon age: 0 Spring	<b>First quarter moon</b> Moon age: 7 Neap	<b>Full moon</b> Moon age: 15 Spring	<b>Last quarter moon</b> Moon age: 22 Neap
			

You can set the moon age more precisely at new moon (moon age: 0) or full moon (moon age: 15).

## Setting the Sun and the Moon display (Cal.6390)

- \* The Sun and Moon display, which is situated at the 12 o'clock position, rotates once every 24 hours.
- \* The sun and the moon cannot be adjusted separately.

# Water resistance

## **WARNING** Water Resistance

- Refer to the watch dial and the case back for the indication of the water resistance of your watch. The following chart provides examples of use for reference to ensure that your watch is used properly. (The unit “1bar” is roughly equal to 1 atmosphere.)
- WATER RESIST(ANT) ××bar may also be indicated as W.R.××bar.
- Non-water resistant models are not designed to come into contact with any moisture. Take care not to expose a watch with this rating to any type of moisture.
- Water resistance for daily use (to 3 atmospheres) means the watch is water resistant for occasional accidental splashing.

Name	Indication	Specification
	Dial or Case back	
Non-water resistant watch	—	Non-water resistant
Everyday-use water resistant watch	WATER RESIST(ANT)	Water resistant to 3 atmospheres
Upgraded everyday-use water resistant watch	WATER RESIST(ANT) 5 bar	Water resistant to 5 atmospheres
	WATER RESIST(ANT) 10/20 bar	Water resistant to 10 or 20 atmospheres

## Water resistance

- Upgraded water resistance for daily use (to 5 atmospheres) means that the watch may be worn while swimming, but is not to worn while skin diving.
- Upgraded water resistance for daily use (to 10/20 atmospheres) means that the watch may be worn while skin diving, but not while scuba or saturated diving using helium gas.

Water-related use				
				
Minor exposure to water (washing face, rain, etc.)	Swimming and general washing work	Skin diving, marine sports	Scuba diving using an air tank	Operate the crown or button when the watch is wet
<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>
<b>OK</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>
<b>OK</b>	<b>OK</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>
<b>OK</b>	<b>OK</b>	<b>OK</b>	<b>NO</b>	<b>NO</b>

## Precautionary items and usage limitations

### **CAUTION** To Avoid Injury

- Be particularly careful when wearing your watch while holding a small child, to avoid injury.
- Be particularly careful when engaged in strenuous exercise or work, to avoid injury to yourself and others.
- Do NOT wear your watch while in a sauna or other location where your watch may become excessively hot, since there is the risk of burns.
- Be careful when putting on and taking off your watch, since there is a risk of damaging your fingernails, depending on the manner in which the band is fastened.
- Take off your watch before going to bed.

### **CAUTION** Precautions

- Always use the watch with the crown pushed in (normal position). If the crown is of the screw lock-type, make sure it is securely locked.
- Do NOT operate the crown or any push buttons when the watch is wet. Water may enter the watch causing damage to vital components.
- If water enters the watch or the watch fogs up and does not clear up even after a long time, consult your dealer or Authorized Service Center for inspection and/or repair.

## Precautionary items and usage limitations

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- Even if your watch has a high level of water resistance, please be careful of the following.
  - If your watch is immersed in sea water, rinse thoroughly with fresh water and wipe with a dry cloth.
  - Do not pour water from a tap directly onto your watch.
  - Take off your watch before taking a bath.
- If seawater enters the watch, place the watch in a box or plastic bag and immediately take it in for repair. Otherwise, pressure inside the watch will increase, and parts (crystal, crown, push button, etc.) may come off.



### **CAUTION** When Wearing Your Watch

#### <Band>

- Leather, genuine skin and rubber (urethane) bands will deteriorate over time due to perspiration, body oils and dirt. Be sure to replace the band periodically.
- The durability of a leather band may be affected when wet (fading, peeling of adhesive), owing to the properties of the material. Moreover, wet leather may cause a rash.
- It is recommended to take off the watch if it gets wet, even if the watch itself is water resistant.

## Precautionary items and usage limitations

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- Do not wear the band too tightly. Try to leave enough space between the band and your skin to allow adequate ventilation.
- The rubber (urethane) band may be stained by dyes or soil present in or on clothing or other accessories. Since these stains may not be removable, caution is required when wearing your watch with items that tend to easily transfer color (articles of clothing, purses, etc.). In addition, the band may be deteriorated by solvents or moisture in the air. Replace with a new one when it has lost elasticity or become cracked.
- Please request adjustment or repair of the band in the following cases:
  - You notice an abnormality with the band due to corrosion.
  - The pin of the band is protruding.
- We recommend seeking the assistance of an experienced watch technician for sizing of your watch. If adjustment is not done correctly, the bracelet may unexpectedly become detached leading to loss of your watch or injury. Consult your nearest authorized Citizen Service Center.

### <Temperature>

- The watch may stop or the function of the watch may be impaired in extremely high or low temperature. Do not use the watch in places where the temperature is outside the operating temperature range as stated in the specifications.

## Precautionary items and usage limitations

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### <Magnetism>

- Analog quartz watches are powered by a step motor that uses a magnet. Subjecting the watch to strong magnetism from the outside can cause the motor to operate improperly and prevent the watch from keeping time accurately. Do not allow the watch to come into close proximity to magnetic health devices (magnetic necklaces, magnetic elastic bands, etc.) or the magnets used in the latches of refrigerator doors, clasps used in handbags, the speaker of a cell phone, electromagnetic cooking devices and so on.

### <Strong Shock>

- Avoid dropping the watch or subjecting it to other strong impact. It may cause malfunctions and/or performance deterioration as well as damage to the case and bracelet.

### <Static Electricity>

- The integrated circuits (IC) used in quartz watches are sensitive to static electricity. Please note the watch may operate erratically or not at all if exposed to intense static electricity.

### <Chemicals, Corrosive Gasses and Mercury>

- If paint thinner, benzene or other solvents or products containing these solvents (including gasoline, nail-polish remover, cresol, bathroom cleaners and adhesives, water repellent, etc.) are allowed to come into contact with the watch, they may discolor, dissolve or crack the materials. Be careful when handling these chemicals. Contact with mercury such as that used in thermometers may also cause discoloration of the band and case.

## Precautionary items and usage limitations

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### <Protective Stickers>

- Be sure to remove any protective stickers that may be on your watch (case back, band, clasp, etc.). Otherwise, perspiration or moisture may enter the gaps between the protective stickers and the parts, which may result in a skin rash and/or corrosion of the metal parts.



### **CAUTION** Always Keep Your Watch Clean

- Rotate the crown while it is pressed in fully and press the buttons periodically so they do not become stuck due to accumulations of foreign matter.
- The case and band of the watch come into direct contact with the skin in the same manner as undergarments. Corrosion of the metal or unnoticed soiling such as that caused by perspiration and dirt can soil sleeves and other portions of clothing. Keep your watch clean at all times.
- The case and band of the watch come into direct contact with the skin. If you think there is something wrong, discontinue wearing the watch immediately and consult your physician.  
In the case of accumulation of sweat or dirt on a metal band or case, clean thoroughly using a brush and neutral detergent. In the case of a leather band, wipe clean using a dry cloth.
- Leather bands may become discolored by perspiration or dirt. Always keep your leather band clean by wiping with a dry cloth.

## Precautionary items and usage limitations

### Caring for Your Watch

- Wipe any dirt or moisture such as perspiration from the case and crystal with a soft cloth.
- For a metallic, plastic or rubber (urethane) watchband, wash any dirt off with water. Remove the small amounts of dirt trapped between the crevices of the metallic band with a soft brush.
- For a leather band, wipe off dirt using a dry cloth.
- If you will not be using your watch for an extended period of time, carefully wipe off any perspiration, dirt or moisture and store in a proper location, avoiding locations subject to excessively high or low temperatures and high humidity.

#### <When Luminous Paint is used for your watch>

The paint on the dial and hands helps you with reading the time in a dark place. The luminous paint stores light (daylight or artificial light) and glows in a dark place.

It is free from any radioactive substance or any other material harmful to a human body or environment.

- The light emission gradually becomes weaker as time passes.
- The duration of the light (“glow”) will vary depending on the brightness, types of and distance from a light source, exposure time, and the amount of the paint.
- The paint may not glow and/or may dissipate quickly if exposure to light was not sufficient.

## Specifications

**Type :** Analog quartz watch

**Caliber No. :** 6350,6355,6380,6390

**Timekeeping accuracy :** Within  $\pm 20$ seconds per month when worn at normal operation temperatures (between  $+5^{\circ}\text{C}/41^{\circ}\text{F}$  and  $+35^{\circ}\text{C}/95^{\circ}\text{F}$ )

**Quartz crystal frequency:**32,768Hz

**IC :** CMOS-LSI 1 pc.

**Operating temperature range :**  $-10^{\circ}\text{C}/14^{\circ}\text{F}\sim+60^{\circ}\text{C}/140^{\circ}\text{F}$

**Additional functions :**

- Month hand (quick set function)
- Date hand (quick set function)
- Moon age (Cal. 6350, 6380, 6390): rotates once every 59 days (quick set function)
- Day hand - Second hand stopping switch
- Power-saving function
- Sun and Moon display (Cal. 6390): rotates once every 24 hours

**Battery :** 280-34 1 pc.

**Battery life :** Approximately 2 years

\* Specifications are subject to change without prior notice.

CE

Model No. AG0\* · AG2\* · AG9\*

Cal. 635\* · 6380 · 6390

CTZ-6749 ④