

- INSTRUCTION MANUAL
- BETRIEBSANLEITUNG
- MANUEL D'INSTRUCTIONS
- MANUAL DE INSTRUCCIONES
- MANUALE DI FUNZIONAMENTO
- MANUAL DE INSTRUÇÕES
- 説明書
- 说明书

ENGLISH

Thank you for purchase of this CITIZEN watch.

Notes on charging your watch

This watch has a rechargeable cell which is charged by exposing the watch dial to light such as direct sunlight or fluorescent lamps.

For optimal performance

- Expose the watch dial towards direct sunlight for several hours at least once a month.
- After taking off the watch, put it in a position so that the dial is exposed to bright light, such as by a window.
- Before storing the watch in a dark place for an extended period of time, be sure to charge it fully.

Approximate time required for charging

Illuminance (lx)	Environment	Charging time (Approx.)	
		For one day's use	For full charge
3000	20 cm (8in) under a fluorescent light (30W)	40 minutes	130 hours
10000	Outside, cloudy conditions	12 minutes	40 hours
100000	Outside, sunny conditions	2 minutes	11 hours

Adjusting the time and calendar

- If your watch has a screw-type crown, lift up the crown to loosen it before operation. Be sure to press the crown down firmly after operation.

For three-hand models without calendar

Adjusting the time

- Pull the crown out (1).
- Rotate the crown to adjust the time.
- After adjusting the time, firmly push the crown back into its normal position (0).

For models with calendar (date, date and day of the week)

- Pull the crown out to the second click position (time setting position, 2).
- Rotate the crown to adjust the time.
- After adjusting the time, firmly push the crown back into its normal position (0).

Adjusting the calendar

- Do not adjust the calendar when the watch is reading as below. Otherwise the calendar may not change correctly.
- | | |
|--|-----------------------------|
| For models indicating the date | between 9:00 pm and 1:00 am |
| For models indicating the date and day of the week | between 9:00 pm and 4:00 am |

1 Pull the crown out to the first click position (calendar setting position, 1).

2 Rotate the crown counterclockwise to adjust the date.

3 Rotate the crown to adjust day of the week.

For models indicating the date only; this step takes no effect.

4 After adjusting the calendar, firmly push the crown back into its normal position (0).

Warnings on water-resistance performance

- Water-resistance for daily use: this type of watch is resistant to minor exposure to water such as accidental splashing. For example, you may wear the watch while washing your face, however it is not designed to be used underwater.

- Upgraded water-resistance for daily use (tested to 5 bar): this type of watch is resistant to moderate exposure to water. You may wear the watch while swimming, however, it is not designed to be used for skin diving.

- Upgraded water-resistance for daily use (tested to 10 or 20 bar): this type of watch may be used for skin diving; however, it is not designed to be used for scuba or saturation diving.

- Before use, confirm the water-resistance level of your watch indicated on the dial and case, referencing the table below. (The unit "bar" is roughly equal to 1 atmosphere.)

* "WATER RESIST(ANT) xx bar" may also be indicated as "W.R. xx bar".

Examples of use			
Names	Indication (Case or back)	Specifications	
WATER RESIST(ANT) or no indication	WATER RESIST(ANT)	Water resistant for daily use	OK NO NO NO
WR 50 or WATER RESIST 50	WATER RESIST(ANT) 5 bar	Water resistant to 5 atmospheres	OK OK NO NO
WR 100/200 or WATER RESIST 100/200	WATER RESIST(ANT) 10/20 bar	Water resistant to 10/20 atmospheres	OK OK OK NO

* Be sure to use the watch with the crown pressed in fully (normal position, 0) to ensure the water resistance. If the crown of your watch is the screw-down crown, be sure to tighten it completely.

* Do not operate the crown or buttons when the watch is wet.

* If water has penetrated the watch, or if the inside of the glass is fogged up and does not become clear in a day, take the watch to your dealer or Citizen Service Center for repair. Leaving the watch in such a state will rust the internal parts and malfunction.

* If sea water enters the watch, place the watch in a box or plastic bag, and immediately take it in for repair. Otherwise, the pressure inside the watch will increase and parts (such as the glass and buttons) may come off.

* If the watch is used in seawater, rinse with fresh water afterward and wipe with a dry cloth after each use.

* The durability of a leather band may be affected when wet, owing to the properties of the material. In the case of a watch of upgraded water resistance for daily use that is frequently used in water, fading, peeling of adhesive or other problems may occur. It is therefore recommended to use another type of band (metal or rubber watchband).

Precautions

Handling the rechargeable cell and charging

Extremely high temperature when charging the watch may cause deterioration and deformation of the components, and result in malfunction of the movement.

* Do not remove the rechargeable cell. If it is removed, keep the rechargeable cell out of reach of children to prevent ingestion.

* If the rechargeable cell is swallowed, consult a doctor and seek medical treatment.

* Do not change the watch at a high temperature (about 60°C/140°F or higher). Examples:

- changing the watch too close to light such as an incandescent lamp or halogen lamp (Halogen lights are not recommended for charging due to their high heat output.)

- changing the watch in locations where the temperature may become extremely high—such as on the dashboard of a vehicle.

* The watch will not operate if incorrect battery types are inserted.

* Never use a regular silver battery. The battery could overcharge during the charging process and burst, causing damage to the watch or injuries to the wearer.

To avoid malfunction

Temperature

- * DO NOT use the watch where the temperature is lower or higher than the operation temperature specified in the instruction manual. Doing so may cause the watch to malfunction or stop.

Magnetism

- * DO NOT place the watch nearby any materials generating a strong magnetic field such as:

- magnetic health equipment such as a magnetic necklace.

- a magnetic latch of a refrigerator door.

- a magnetic clasp on a handbag.

- speakers of a mobile phone.

- electromagnetic cooking devices.

* They may interfere with the movement of the stepping motors in the watch and timekeeping becomes inaccurate.

Static electricity

- * DO NOT place the watch nearby household appliances generating static electricity.

* Timekeeping may become inaccurate if the watch is exposed to such strong static electricity as that which is emitted from a TV screen.

Shock

- * DO NOT apply any strong shock, for example, by dropping it onto a hard floor.

Chemicals

* Avoid using the watch where it may be exposed to chemicals or corrosive gases. If solvents, such as thinners or benzene, or substances containing such solvents come in contact with the watch, discoloration, melting, cracking, etc. may occur.

The case, band, or other parts may become discolored if the watch comes into contact with some household chemicals such as mercury that may be found in thermometers.

Maintenance

* Wipe off dirt, perspiration, and water from the case and glass with a soft cloth.

* Clean a metal, plastic, or rubber watchband, wash away dirt with water. Use a soft brush to remove dust and dirt in the gaps in a metal band.

* Do not use solvents (thinner, benzene, etc.), as they may damage the finish.

* Do not use polishing type of cloth as this may damage the surface and certain treatments.

* Rotate the crown while it is pressed in full (0) and press the buttons periodically so they do not become stuck due to accumulation of foreign matter.

Periodical inspections

* Your watch need an inspection once every two or three years for safety and longer usage.

* To keep your watch water-resistant, the gaskets and other components need to be replaced regularly.

* Other parts need to be inspected if necessary. Always ask for genuine Citizen parts upon replacement.

Specifications

Type: Analog solar-powered watch

Timekeeping accuracy: Within ±20sec/month (within a normal temperature range of +5°C/41°F to +35°C/95°F)

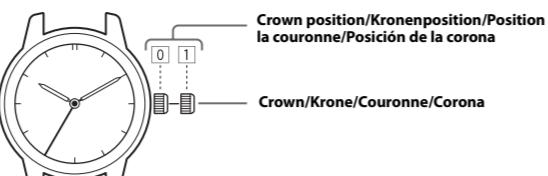
Operating temperature range: -10°C/14°F to +60°C/140°F

Fully charged to fully discharged: 6 months or longer (cal. B02: Approx. 5 months, cal. B03: Approx. 4 months)

Rechargeable cell: 1 pc.

* Specifications are subject to change without prior notice.

For three-hand models without calendar/Für Drei-Zeiger-Modelle ohne Kalenderfunktion/
Pour les modèles à trois aiguilles et sans calendrier/Para modelos de tres manecillas sin calendario



DEUTSCH

Herzlichen Glückwunsch zum Kauf dieser CITIZEN-Uhr.

Hinweise zum Aufladen Ihrer Uhr

Diese Uhr hat eine Akkuzelle, die durch Lichteinfall auf das Zifferblatt, wie direktes Sonnenlicht oder Kunstlicht, geladen wird.

Für optimale Leistung

- Expose the watch dial towards direct sunlight for several hours at least once a month.
- After taking off the watch, put it in a position so that the dial is exposed to bright light, such as by a window.
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Approximate time required for charging

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Umgehen zum Aufladen erforderliche Zeit

Setzen Sie das Zifferblatt der Uhr mindestens einmal im Monat mehrere Stunden lang dem direkten Sonnenlicht aus.

Nach dem Abnehmen der Armbanduhr legen Sie sie in einer Position ab, wo das Zifferblatt hellem Licht ausgesetzt ist, wie etwa an einem Fenster.

Vor dem Ablegen der Uhr an einen dunklen Ort für längere Zeit laden Sie sie immer voll auf.

Umgang mit dem Zifferblatt

• Wenn Ihre Uhr eine verschraubte Krone hat, lösen Sie durch Linksdrehung die Verschraubung der Krone. Jetzt können Sie die Krone zur Einstellung herausziehen.

Für Drei-Zeiger-Modelle ohne Kalenderfunktion

Einstellen der Zeit

- Ziehen Sie die Krone heraus (1).
- Drücken Sie die Krone zum Einstellen der Zeit.
- Drücken Sie nach dem Einstellen der Zeit die Krone in die Normalposition zurück (0).

Für Modelle mit Kalenderfunktion (Datum, Datum und Wochentag)

Einstellen der Zeit

- Ziehen Sie die Krone bis zur zweiten Einstellung (Zeiteinstellung, 2) heraus.
- Drücken Sie die Krone zum Einstellen der Zeit.
- Drücken Sie nach dem Einstellen der Zeit die Krone in die Normalposition zurück (0).

Einstellen des Kalenders

Stellen Sie den Kalender nicht ein, während die Uhr in die Kalenderumschaltung ist. (21:00 bis 4:00)

1 Ziehen Sie die Krone bis zur ersten Einstellung (Kalendereinstellung, 1) heraus.

2 Drücken Sie die Krone zum Einstellen des Datums gegen den Uhrzeigersinn.

Bei Modellen, die nur den Tag anzeigen, hat dieser Schritt keine Wirkung.

3 Drücken Sie nach dem Einstellen der Zeit die Krone in die Normalposition zurück (0).

4 Drücken Sie nach dem Einstellen des